

Chichester District Council

CABINET

7 June 2016

Chichester Wellbeing

1. Contacts

Report Author:

Elaine Thomas – Community Wellbeing Manager

Tel: 01243 534588 E-mail ethomas@chichester.gov.uk

Cabinet Member:

Eileen Lintill – Cabinet Member for Community Services

Tel: 01798 342948 E-mail elintill@chichester.gov.uk

2. Recommendation

- 2.1. **That 2016/17 funding of £289,442 from West Sussex County Council be accepted to deliver the Wellbeing Service in line with the partnership agreement and agreed business plan.**
- 2.2. **That the Head of Community Services be authorised to finalise and sign the Wellbeing Partnership Agreement (2016-19) with West Sussex County Council.**

3. Background

- 3.1. All of the District and Borough Councils in West Sussex are contracted by West Sussex County Council Public Health to deliver a Wellbeing service. The Wellbeing service is a universal service available to adults of all ages. It targets Think Family Neighbourhood areas of the district where deprivation has been identified, and population groups who are more likely to suffer poor health outcomes (for example, low income families and carers). The primary purpose of the service is to reduce the risk of cardiovascular disease in the adult population of Chichester District. Services focus on behaviour change and early intervention around the main causes of the disease; achieving a healthy weight, increasing physical activity, reducing smoking rates, reducing alcohol consumption and reducing stress.
- 3.2. The three year partnership agreement (2013/14 – 2015/16) with West Sussex County Council Public Health ended on 31 March 2016. Delays in the funding decision making process mean that this agreement has been extended until 30 June 2016 after which a new agreement will be put in place for the period 1 July 2016 – 31 March 2019. The funding for 2016/17 has been adjusted to reflect the delays in the decision making process.
- 3.3. The agreement outlines the purpose of the funding, £100,000 of which is for continued delivery of a Wellbeing Hub function (wellbeing advisors and office support) and £189,442 for additional services which support the role of the Hub.

- 3.4. The actual reduction of £6,858 to the funding for 2016/17 is considerably less than anticipated and will have little impact on the service. A detailed plan of proposed expenditure is outlined in Appendix 1.

4. Outcomes achieved to date

- 4.1. In summary, since the start of the programme in 2013 the Wellbeing team has either met or exceeded targets achieving the following outcomes, full details of which can be found in Appendix 2:
- Supported 4848 clients with advice and information to make positive lifestyle changes.
 - Whilst the majority of referrals to the service are self referrals, the service has increased referrals via GPs from 29 in 2013/14 to 105 in 2015/16
 - The Wellbeing Weight loss programme has supported 664 people to lose weight and learn about a healthy diet.
 - We have supported 58 families with children to learn about a healthy lifestyle and gain confidence in being more active.
 - We have worked with 55 local businesses to improve the health and wellbeing of their staff.
 - 261 working age adults have increased their activity levels to 150 minutes a week
 - 344 older people increased the amount of activity they do after a 3 month period.
 - We delivered 36 cook and eat courses helping participants to cook healthy food.
- 4.2 The high level outcomes for the service going forward are to continue to reduce the risk factors associated with Cardiovascular Disease and Cancers with a focus on higher risk populations and Think Family Neighbourhood areas (see Appendix 3).
- 4.3 The service is monitored via telephone evaluation calls with clients who have used the service. Of the clients who were contacted to give feedback, 84% had made positive lifestyle changes as a result of their contact with the service.

5. Proposal

- 5.1. It is proposed that the Council accepts the funding from West Sussex County Council of £289,442 for 2016/17 to deliver the Wellbeing service during in line with the revised budget and business plan (Appendices 1 & 3). Furthermore that the District Council enters into a Wellbeing Partnership Agreement (2016/19) to cover the future delivery of the programme subject to an annual funding review and 6 months' notice period on either side.
- 5.2. It is anticipated that there will be increased cuts to the budget in 2017/18 and 2018/19 but a full planning process is in place with West Sussex County Council Public Health to ensure the service is able to adapt to these changes. We are working to increase the skill set of the Wellbeing team to ensure we have maximum resources available to continue to deliver the most effective elements of the service.

- 5.3. The details for each of the individual projects are currently being agreed with West Sussex County Council Public Health within the 2016/17 business plan (Appendix 3). It is anticipated that these outcomes will continue with a similar focus to those highlighted in 4.1.

6. Alternatives that have been considered

Option 1: Not accepting the funding

- 6.1 If the Council chooses not to accept the funding it would lose the resource which will enable delivery against the Corporate Objective of 'Support Vulnerable People and Communities' and the opportunity to work with targeted communities in these areas. West Sussex County Council would then commission the service from another provider and the Council would be required to make the staff redundant.

Option 2: Commission the service from the Voluntary and Community Sector

- 6.2. The Council could commission the service from the Voluntary and Community Sector and retain management as commissioner.
- 6.3. The Council would cease to operate it as a front line service which provides positive publicity for the Council. Currently the service is flexible to meet the needs of the community and clients and delivers against objectives in the Corporate Plan. The service would be subject to additional management costs incurred by the provider which might reduce the impact and outcomes achieved.

7. Resource and legal implications

- 7.1. The costs of delivering the Wellbeing Hub and additional services are included within the Wellbeing funding. The Council's staffing contribution to host and manage the commissioning and delivery of the Wellbeing Service is funded annually from Councils base budget at a cost of £27,153.
- 7.2. Further work will be undertaken with WSCC Public Health during 2016/17 to establish a structure to some of the Wellbeing services which should enable us to generate income by charging for some or all of the service.
- 7.3. Assuming Cabinet approval staff will be issued with a one year extension to their contracts for the year 2016/17. This will be reviewed once the funding for 2017/19 is known.
- 7.4. Previous underspends have been rolled forward from Wellbeing grant funding to cover future redundancy costs that may arise as a result of cuts to funding or any decision made by this council to discontinue or change the way the service is delivered.
- 7.5. The Wellbeing service currently operates out of two rooms at Westgate Leisure Centre. This arrangement will continue with the new leisure provider under the same agreement (subject to inflationary increases) the cost of which is contained within the budget.

8. Consultation

- 8.1 Consultation has been undertaken with WSCC Public Health, service providers and key stakeholders who support the delivery of the service.

9. Community impact and corporate risks

- 9.1. Whilst the Wellbeing service is universal in supporting adults of all ages, the service is targeted to communities in greatest need and has a positive impact in communities that the council has prioritised.
- 9.2. The Wellbeing Hub and internally managed additional services are established, monitored carefully and have a track record of delivering positive outcomes. All services are evidence based and funded from the Wellbeing budget. Services which are commissioned externally will be subject to the same rigorous planning processes and are monitored quarterly. The corporate risks are associated with loss or reduction in current council staff to deliver and manage the services.

10. Other Implications

	Yes	No
Crime & Disorder: The service will not directly impact on crime and disorder but Wellbeing advisors work with offenders referred from the probation service to support a healthier lifestyle.	Positive	
Climate Change: The Home Energy Visitor project which is funded as an additional service to tackle the impact of fuel poverty has an added outcome of impacting on climate change.	Positive	
Human Rights and Equality Impact: An EIA was completed at start of the project, a positive impact was identified.	Positive	
Safeguarding and Early Help: The service deals with vulnerable adults regularly and children as part of a family. All staff are trained in safeguarding referral procedures and are DBS checked.	Positive	

11. Appendices

Appendix 1 - Wellbeing service expenditure proposal

Appendix 2 - Summary of service targets and outcomes delivered 2013/14 – 2015/16

Appendix 3 – Draft Wellbeing Business Plan 2016/17

12. Background Papers

None